

Media Release

Ready to Put Your Hand Up for Meals on Wheels?

13 March 2019

Council is always looking for volunteers to help with the delivery of Meals on Wheels. Council has over 100 volunteers helping out with deliveries, but there is always room for more. In particular, we are looking for volunteers in the Wycheproof area.

Meals on Wheels provide nutritious meals delivered by Council supported volunteers. The service aims to support and enhance the well-being and independence of older people and younger people with disabilities, as well as providing social contact.

People may not be able to cook for themselves for a variety of reasons. Sometimes the service is received for a short time, such as after surgery. In most cases the meals are provided on-going for people who are unable to prepare food for themselves.



Pictured: Mayor Cr Carolyn Stewart and Cr Graeme Milne deliver Meals on Wheels.

“We encourage people to get involved. Whatever your situation, volunteering is a great opportunity to show you care about your community. Any time you can give is precious, even two hours a month can make an enormous difference. Volunteerism is an essential part of what makes Buloke a great place to live. Our Shire enjoys one of the highest rates of volunteerism in the state. Locals helping locals for a better way of life. Why not get involved”, said Mayor Cr Carolyn Stewart.

Anyone interested in becoming a Meals on Wheels volunteer can call Community Services on 1300 520 520.

End release

For further information contact Manager Customer Engagement, Travis Fitzgibbon on 03 5478 0181 or tfitzgibbon@buloke.vic.gov.au